

**RAM LAL ANAND COLLEGE**  
**NIRVANA**  
**YOGA AND MEDITATION SOCIETY**  
**ORIENTATION REPORT**  
**SESSION 2024-25**

**Name of the event-** Orientation program

**Nature of the event-** Physical mode

**Date-** 17th September 2024

**Venue-** Amphitheatre

**Number of participants-** 45

**OVERVIEW:**

The orientation took place in the seminar hall on September 17, 2024, at 12:30 p.m. Our adviser, Prof. Seema Gupta, convenor, MS. Shikha Verma, and other academic members connected to our society delighted the program with their attendance. Participants engaged in the orientation and expressed their curiosity. In order to greet newcomers to our community, the student team was also in attendance.

**EVENT Summary:**

We welcomed the newest members of our organization as we started the program. There was a brief graphic depiction of our society as a whole, and everyone there acknowledged the significance of yoga as a society holds. It talked about society and informed the audience of the goals that our society possesses. In addition, the faculty members who are affiliated with our group were introduced to the attendees by the society's members. Through their interactions with the participants, the student members of the society also enlightened them about the advantages of our society in their daily lives.

The attendees learned about several teams in our society as well as the hiring process. It was wonderful to watch the new students become drawn to the past performances and events that the society had put on. The program featured past events and performances for the incoming students.

Each society member coordinated with the attendees and worked passionately to address their questions. The society always seeks suggestions from participants if they want. Participants expressed gratitude for the society's efforts, and the program concluded well.



**RAM LAL ANAND COLLEGE  
UNIVERSITY OF DELHI**

**NIRVANA**  
**YOGA AND MEDITATION SOCIETY**

Welcomes you all to the

# O

# RIENTATION

**2024-25**



**Join our WhatsApp group**



**Amphitheatre**  
1st Floor



**17th September, 2024**



**01:00 PM Onwards**

**For Queries :**

**Digvijay Ayush**  
9006520528

**Priya**  
8059515104

**Priyanshi Sahu**  
9868972279

**Ms. Shikha Verma**  
Convenor

**Prof. Seema Gupta**  
Advisor

**Prof. Rakesh Kumar Gupta**  
Principal



New Delhi, Delhi, India  
H5H6+FJC, South Campus, South Moti Bagh, New Delhi, Delhi 110021, India  
Lat 28.578765°  
Long 77.161426°  
17/09/24 01:24 PM GMT +05:30



New Delhi, Delhi, India  
H5H6+FJC, South Campus, South Moti Bagh, New Delhi, Delhi 110021, India  
Lat 28.578784°  
Long 77.161435°  
17/09/24 01:14 PM GMT +05:30



Orientation session. 24' (17<sup>th</sup> September)

Attendance.

S.No.	Name	Dept.	Year	M/F	Sign
01.	Shivam Sharma	Maths.	2 <sup>nd</sup>	M	
02.	Nikita	C.S	1 <sup>st</sup>	F	
03	Sakshi Katra	CS	1 <sup>st</sup>	F	
04	Ms. Izzhad	B.A(H) Hindi	3 <sup>rd</sup>	M	
05	Suraj	B.A(H) Hindi	3 <sup>rd</sup>	M	
06	Sushma	BA(H) Political	2 <sup>nd</sup>	F	
07	Astha	BA (H) "	2 <sup>nd</sup>	F	
08	Himari	BA (H) "	2 <sup>nd</sup>	F	
09	Ritesh	B.A Pol Sci (H)	2 <sup>nd</sup>	M	
10	Ratika	BA Pol SC (H)	2 <sup>nd</sup>	F	
11	Samitsoni	BA (Hons) Hindi	3 <sup>rd</sup>	M	
12	Abrish	BA History (H)		M	
13	Tanuja	B.A Hindi (H)		F	
14.	श्रीतल	हिन्दी (विशेष) I <sup>st</sup>		F	
15	Nitish	B.com	1 <sup>st</sup>	M	
16.	Aniket	B.com	1 <sup>st</sup>	M	
17.	Ashish Kumar	B.A. Hindi (H)		M	
18.	Himanshu Gupta	B.A Hindi (H)	3 <sup>rd</sup> Year	M	
19	Siddharth Verma	" "	" "	M	
20.	Tarun Kumar	" "	" "		
21.	Ankit (1015)	BA-Hindi (H)	3 <sup>rd</sup> year	M	
22.	Rajkumar	BA-Hindi (H)	3 <sup>rd</sup> year	M	
23.	Shigalendu Kushwan	"	"	M	
24	Shaun Saini	BA P (Eco + netus)		M	
25	Mahi Singh	BA P		F	
26	Neha	BA (H) Hindi		F	
27.	Ujjwal	BAC (P)		M	
28.	Rudra	"	"	M	

S.No	Name	Dept.	Year	M/F	Sign
29.	Sumit Kumar	Pol. Sci. (Hons)	2nd	M	Sumit
30.	Aditya Kumar	"	2nd	M	<del>Aditya</del>
31.	Ayush Singh	"	"	M	Ayush
32.	Anusudha Baudha	B.A (P) (His + Pol)	2 <sup>nd</sup> y.	F	Anusudha
33.	Jumra	B.A Pol. sc		F	Jumra
34.	Laxmi	"		F	Laxmi
35.	Sonali Yadav	"		F	Sonali
36.	Ritika	"		F	Ritika
37.	Ritesh Singh	"		M	Ritesh
38.	Akash Maurya	BA (P) PU + PS	2nd	M	Akash
39.	Sahil Dubey	B.A (H) Hindi	3rd	M	Sahil
40.	Dignidya	History (H)	3 <sup>rd</sup>	M	Dignidya
41.	Priya	Microbiology	3 <sup>rd</sup>	F	Priya
42.	Priyanshi	"	"	F	Priyanshi
44.	Amit	B-com (H)	3 <sup>rd</sup>	M	Amit
45.	Astuti	B.com (H)	2 <sup>nd</sup>	F	Astuti